

TRIP TO HELSINKI
(Finland)

This dance depicts a trip to Finland's capital, Helsinki.

Music: Record: Methodist World of Fun 105

Formation: Longways set of 3 to 6 cpls. M in one line facing a line of W about 10 ft apart, hands joined in each line.

Steps: Light running steps throughout in 3/4 rhythm.

Measures

Pattern

- 1-4**
1-4 (reptd)
- FIG I - Fwd and Back
Starting R, run 6 steps fwd and 6 steps bwd. Repeat.
- 5-8**
5-8(reptd)
1-8
- CHORUS -- The Trip
Release hands and wait 2 meas. Step L (ct 1). Close R to L (ct 3). M bow, W curtsy.
Wait 2 meas, then all face head of hall 2 meas.
Head M fold arms on chest, head W hands on hips, all others place both hands on shoulders of person in front. Lines cast off (M turn CCW, W CW), run to bottom of set and back to place.
- 1-8**
or more as needed
- FIG II - Thread the Needle
In starting pos head M and W, each in own line, go under arch of #2 and #3 person, pulling #2 person after them and returning back to place. Continue leading the line through each successive arch and back to place.
- 16 meas**
- CHORUS - The Trip
- 1-8**
- FIG III - Hills and Vales
Even and odd cpls face each other up and down the set with inside hands joined with ptr. All cpls change places by odd cpls arching while even cpls go under. Then even cpls arch, while odd cpls go under. Continue alternating up and down the set. At the ends turn around to face the set and change hands to continue in the same manner back to original place.
- 16 meas**
- CHORUS - The Trip

Presented by Vyts Beliajus